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# Rock Harbor News

VOLUME 11 ISSUE 6

JUNE 2015

Prepare Thyself:  
13th Annual Boulder Golf Tournament August 1st

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## Cole's Corner: The Sand Shot

This month is about what a lot of average golfer's fear.....the sand. Early in my teaching career I didn't understand why we would be so terrified of sand play. It's only swinging through the sand and the ball will come out. In fact, it's the only part of the game where the club never comes in contact with the ball itself. I soon learned that we generally don't know how the sand and club interact.

With your clubface square at the target, the leading edge of your wedge enters the sand about an 1/8<sup>th</sup> behind the ball and digs down about 2 or more inches, and pushes the ball out. Is this what you do? If that's what you think should be done, your mind will do whatever it can to make it happen. And this is the reason there are so many poor sand players. Misconceptions about the shot that are prophecies for disaster.

You don't have to get real technical to master sand play. But if you don't know how you SHOULD be trying to swing, or where the ball should be in your stance, or how your club should react in the sand, it's hard to be successful.

Don't get discouraged. Sand play is not all that difficult to get used to.



### The Blast Shot

Set up and aim your body and swing line a little left of the target. Not a lot, just about 2 steps from the target, but feet, knees, hips, and shoulders are all on that line.

Set the clubface halfway open. This is done so it scoots through sand without digging into it. The club should only penetrate about a 1/2 to 3/4 of an inch into the sand.

The ball position should be roughly 2" behind the instep of your forward foot. If we make these changes at address, all we have left is to make a smooth swing down are foot/body line. Don't steer the clubhead back towards the hole during the swing. Swing to a full, high finish. **DON'T LEAVE YOUR CLUB IN THE SAND!!** Finish with your weight shifted forward and a full finish.

Success can be yours!! Take care everyone! Don't forget to register for member guest!! Registration deadline is JUNE 12<sup>TH</sup>!!

## Fresh From The Grill

Chip Connelly,  
Food and  
Beverage Manager

**Another Winner!** Rock Harbor Grill was selected for the 2015 Best of Winchester Award in the Grill Restaurants category by the Winchester Award Program. Various sources of information were gathered and analyzed to choose the winners in each category.

The 2015  
Winches-  
ter  
Award

Program focuses on quality, not quantity. Winners are determined based on the information gathered both internally by the Winchester Award Program and data provided by third parties.



Rock Harbor Grill  
Best of Winchester  
Grill Restaurant  
Category

2015

**Member/Guest:** Rapidly approaching it is. Watch your email for an upcoming menu, and list of events for this highly anticipated event. Looking forward to another outstanding weekend.

*“You don’t know what pressure is until you play for five bucks with only two bucks in your pocket.”*

**Lee Trevino**

## Pictorial Diary Reveal: Boulder 12

Current hole configuration is 4 & 13 Boulder but it will be 12 Boulder. Although this picture does not show the details of the hole it does show the transformation. The tree that was left now sits in the middle of a large bunker. In place of the house now sits the center pond. The well that once served this house is now used to run the waterfalls, then the water recirculates back to the castle green and finally to the largest pond and into the irrigation system. All this happens seamlessly underground.



August 2006



May 2015

## Tournament Reports

### JWAA—May 27

Flight 1-

1st Place— R. Miller, C. Hester, C. Bales, R. Thomason—49

2nd Place—B. Walter, C. Hammons, R. Walter, J. Moseley—53

Flight 2

1st Place—P. LaBeau, R. Turk, J. Dilg, D. Whitacre—58

2nd Place—P. Hillyard, D. Oates, K. Lineweaver,

J. Stauzbach-59

### HP Hood Tournament—May 22

1st—N. Doukas, J. Moseley, B. Walter, R. Walter—61

2nd—R. Callahan, D. Davis, W. Davis, C. Orndorff—62

3rd—P. Cooley, R. Foster, D. Sherman, E. Tilebein—63

### Memorial Day “Worst Ball” Event

1st Place—Doug Bernhard, Bruce Qualls, Jim Flanigan, Don Stotler—79

2nd Place —Wilson Fletch, Brian Hyde, Ed Nail, Terry Tierney—89

Toughest Competitors—Angie Hepner, Dean Borden, Danny Hepner, Cliff Borden—136



## Construction News: Boulder No.3

Denny Perry:

Everyone has been asking about this hole, Boulder #3. They see the construction work on the right and they think the hole won't be ready by June 21st. The tees for this hole is on the left and they are finished. What you see on the right is an extra set of tees or alternate tees. They are not needed to open the hole up at first. We have more important things we are trying to get done before June 21st.

When the alternate tees are finished and when these tees are in use the hole becomes a drivable par four sort of like Rock No.16. But remember like Rock No.16 with the chance of reward comes risk.



Repairs & Maintenance:

Maybe you have noticed the lower water levels in the pond at Boulder No. 2 & 12. The construction crews are working to repair a leak in the pond. Water levels should be back up soon as we are working hard to fix the problem. Thank you for your patients!!

## Member/Guest Weekend: June 18,19, 20

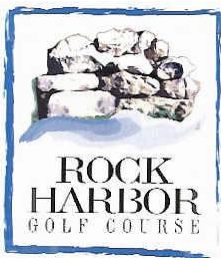
**Registration Deadline** for the most exciting weekend of the year is **June 12th**.

**Thursday, June 18**—Practice Round, Optional Skills competition and The Great Rockin' Roll Show which features hand roller cigars by Cortez Cigars during the evening cigar social.

**Friday, June 19**—Breakfast at 7 AM, 1st Round begins at 8:30AM, 2nd Round begins at 10:45AM, Lunch at 1 PM, 3rd Round begins at 1:45PM, Dinner served at 7 PM

**Saturday, June 20**—Breakfast at 7 AM, 4th Round begins at 8:30 AM, 5th Round begins at 10:45 AM, Lunch at 1 PM

For a full schedule and details on format, handicaps, awards and prizes please contact the pro shop.



## Rock Harbor Golf Course

**Mailing Address:**

117 Limestone Lane  
Winchester, VA 22602

**Physical Address:**

365 Rock Harbor Drive  
Winchester, VA 22602

Phone: 540-722-7111

Toll Free: 866-273-1934

Fax: 540-722-1139

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[Rockharborgolf.com](http://Rockharborgolf.com)

## Rock Harbor Calendar of Events 2015

**June 2**

VSGA One Day

**June 12**

Maverick Madness Softball  
Golf Tournament

**June 13**

Shenandoah University  
Athletic Training Club

**June 14**

2-Player Aggregate

**June 18, 19 & 20**

Member/Guest Weekend

**June 24**

Members Monthly Evening  
Social

**June 26**

Bright Futures Golf  
Tournament

**June 27**

Member Glo Ball Outing

**July 4**

Member Outing

**July 6-10**

Parks & Recs. Jr. Golf

**July 12**

Rock Harbor Member  
Medal Play

