

Rock Harbor Grill Lunch Menu

In The Bunker

COLD SANDWICHES SERVED WITH CHIPS

Make any "Cold Sandwich" a Platter with Cole Slaw and Fries \$2.00
Substitute Onions Rings \$2.00. Add Bacon \$1.00
Substitute Fries or Side Salad \$1.00

Italian Cold Cut Sub

A Combination of Genoa Salami, Prosciutto Ham and Pepperoni, Topped with Provolone Cheese, Onion, Lettuce, Tomato and Hot Relish. Served on a 8" Sub Roll with a Side of Italian Dressing.

Rocky Club

The Rock Harbor Grill's Club Sandwich with Chicken Salad, Sliced Ham, Bacon, Lettuce, Tomato, Provolone and American Cheese. Your Choice of Bread.

Club House Club

Classic Sandwich with Oven Roasted Turkey, Ham, Bacon, Lettuce, Tomato, Provolone and American cheese. Your choice of bread.

B.L.T.

Crisp Bacon, Topped with Lettuce and Tomato. Your choice of bread.

Captains Choice

Deli Sliced Ham or Fresh Oven Roasted Turkey Breast. Topped with Lettuce, and Tomato. Your choice of Bread and Cheese. Add Bacon \$1.00

The Sweet Spot

Vanilla Ice Cream

Chocolate or Strawberry Syrup .50

ASK YOUR SERVER FOR DAILY OPTIONS

Come back and see us on Saturday Nights
We have Dinner Specials and a Full Dinner Menu

Reservations aren't required ,
but highly recommended
540-722-9678
rhgrill@rockharborgolf.com

On The Fairway

HOT SANDWICHES SERVED WITH FRIES

"Hot Sandwich" can substitute a Side Salad at no extra cost. Substitute Onion Rings \$1.00. Add Bacon \$1.00

Fried Chicken Sandwich

Breaded Chicken Breast. Topped with Lettuce, Tomato and Dill Pickle Slices. Served on a Bun.

Grilled Chicken Sandwich

Seasoned Chicken Breast. Topped with Cheddar Cheese, Lettuce, Tomato and Dill Pickle Slices. Served on a Bun.

Pot Roast Sandwich

Slow Roasted Pot Roast, Topped with American Cheese, Caramelized Onions and Carrots. Served on Grilled White Bread.

Cheese Steak Sub

Made from Shaved New York Strip Ends, Sauteed with Onions, Topped with Provolone Cheese, Lettuce and Tomato. Served on an 8" sub Roll. Add Mushrooms \$.50, Jalapenos \$.50, Green Peppers \$.25

Reuben

Grilled Corned Beef or Turkey. Topped with Sauerkraut, Melted Swiss Cheese and Thousand Island Dressing. Served on Grilled Rye Bread.

Pulled Pork Sandwich

Slow Smoked, in house. Lightly Seasoned with Our Signature BBQ. Served on a Bun. Served with side of Coleslaw.

Fish Filet

Breaded Fish Filet. Topped with Lettuce and Tomato. Served on a Bun with Side of Tartar Sauce.

Grilled Cheese

Your choice of Bread and Cheese.
Ham or Bacon add 1.00

With Bowl of Chili or Soup Du Jour, Served without Fries. 9.00

Side Bets

Fries

2.25

Cheese Fries

3.25

Chili Cheese Fries

3.95

Onion Rings

2.95

Cole Slaw

1.25

Chili

Cup 3.95 Bowl 4.95 Large Bowl 5.95

Chili with Cheese or Onions

Cup 4.45 Bowl 5.45 Large Bowl 6.45

Soup Du Jour

Cup 3.95 Bowl 4.95 Large Bowl 5.95

Hot Dog

2.75

Toppings .50 each

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*Indicates foods that may be ordered undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of food-borne illness, especially if you have certain medical conditions.

Rock Harbor Grill

Lunch Menu

Practice Range

Splashy Fried Coconut Shrimp	8.50
Six Fried Coconut Shrimp. -Served with Peach Thai Sauce	
Potato Skins	7.50
Freshly Made, Topped with Bacon Pieces and Cheddar Cheese blend. Served with Sour Cream	
Hawk Wings 6/12	6 12
The LARGEST Chicken Wings in the Area!	7.25 11.25
Get them Naked or Tossed in Our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo, Garlic Parmesan, Honey BBQ	
Birdie Boneless Wings	7.50
1/2 Lb (Approx. 8-10) Breaded Boneless Wings. Get them Naked or Tossed in our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo or Old Bay Seasoning. Served with Ranch or Blue Cheese and Celery.	
Match Play Fried Mushrooms	6.95
Breaded Fried Mushrooms, Served with a Spicy Horseradish Sauce	
Comeback Chicken Tenders 6/3	3 6
Lightly breaded tenders, fried to a golden brown. Get them Naked or tossed in our new Signature Sauces: Sweet Chili Thai, Chipotle Citrus, Buffalo, Honey BBQ or Old Bay. Served with Ranch, Blue Cheese or Honey Mustard.	6.25 8.75
Soft Braided Pretzel	5.25
Warm Soft Pretzel, lightly salted. Served with a Queso Cheese Dipping Sauce.	

Hole In One

HEALTHY CHOICE

All Healthy Choices are Served with a Side Salad, Substitute Cole Slaw or Chips at no charge.

Salad Plate	8.75
Choice of Chicken or Tuna Salad. Freshly cut Romaine Lettuce with Tomato, Onion, Cucumber, Dried Cranberries and Shaved Parmesan. Your Choice of Dressing.	
Chicken or Tuna Salad Sandwich	6.75
Topped with Lettuce and Tomato. Your Choice of Bread.	
Grilled Chicken Wrap	7.50
Grilled Chicken Breast pieces in a Whole Wheat Wrap with Lettuce and Tomato. Add sauce or on the side: Buffalo, Chipotle Citrus BBQ, Caesar or Ranch \$.25 Add Shredded Cheese \$.50 Add Bacon \$.50	

The Castle Green

DRESSINGS

Caesar, Honey-Balsamic Vinaigrette, Honey Mustard, Italian, Ranch, Raspberry Vinaigrette, Thousand Island, Garlic Parmesan

Rock Cobb Salad	Half Full
Smoked Turkey, Bacon, Carrots, Boiled Eggs, served on a Bed of Romaine with Tomatoes, Onion and Topped with Cheddar and Pepper Jack Cheese, garnished with Toasted Almonds. Your Choice of Dressing.	6.25 9.75
Boulder Chef Salad	Half Full
Oven Roasted Turkey, Ham, Carrots, Tomatoes, Onions, Cucumbers, Cheddar Cheese and a Boiled Egg. Served on Freshly Cut Romaine Lettuce. Your Choice of Dressing.	6.25 9.75
Big Apple Grilled Chicken Salad	Half Full
Grilled Chicken Breast, served on Bed of Romaine with Tomato, Onion, Cucumbers. Topped with Apple Slices, Walnuts and Caramelized Bacon. Served with Honey-Citrus Balsamic Vinaigrette or your choice of dressing.	6.25 9.75
Tossed Salad	Half Full
Bed of Romaine Lettuce with Tomato, Cucumber and Onion slices. Your choice of dressing.	4.25 6.25
Add Grilled Chicken: 1/2 salad 2.00 / Full 3.00	
Caesar Salad	Half Full
Bed of Romaine Lettuce with Seasoned Croutons, Shaved Parmesan Cheese and Caesar Dressing.	4.25 6.25
Add Grilled Chicken: 1/2 salad 2.00 / Full 3.00	

Best Ball Burgers

ALL BURGERS SERVED WITH FRIES

Substitute a Side Salad at no extra cost. Substitute Onion Rings \$1.00. Add Bacon \$1.00

*We will only cook burgers to a Medium Temperature or Higher!

Bogey Burger or Double Bogey Burger*	Single Double
All Beef 8 oz Patty, Topped with American Cheese, Ham, 2 slices of Bacon, Lettuce, Tomato, Sliced Dill Pickles and Onion.	10.50 16.50
Rock BBQ Burger*	10.50
All Beef 8 oz Patty, Topped with Cheddar Cheese, 2 Slices of Bacon, BBQ Sauce, an Onion Ring, Lettuce, Sliced Dill Pickles and Tomato.	
Boulder Mac*	9.50
All Beef 8 oz Patty, Topped with American Cheese, Lettuce, Onion, Sliced Dill Pickles and Mac Sauce.	
Build Your Own Burger*	8.75
All Beef 8 oz Patty, Topped with Lettuce, Tomato, Sliced Dill Pickles and Onion. Toppings .50 each: Cheese, Onions, Green Peppers, Jalapenos or Mushrooms. Bacon 1.00 Fred Egg 1.25	

*

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