

Rock Harbor Grill

Lunch Menu

Practice Range

Boulder Tots

Fried Tater Tots, Smothered in Our House Chili with Nacho Cheese, Jalapenos, Lettuce, Tomato, Onion and Sour Cream.

Splashy Fried Coconut Shrimp

Six Fried Coconut Shrimp.
Served with Peach Thai Sauce

Hawk Wings 6/12

The LARGEST Chicken Wings in the Area!
Get them Naked or Tossed in Our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo, Garlic Parmesan, Honey BBQ.
Served with Ranch or Bleu Cheese and Celery.

Birdie Boneless Wings

1/2 Lb (Approx. 8-10) Breaded Boneless Wings. Get them Naked or Tossed in our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo or Old Bay Seasoning.
Served with Ranch or Blue Cheese and Celery.

Match Play Fried Mushrooms

Breaded Fried Mushrooms,
Served with our Spicy Turf Sauce.

Comeback Chicken Tenders 6/3

Lightly breaded tenders, fried to a golden brown. Get them naked or tossed in our new Signature Sauces: Sweet Chili Thai, Chipotle Citrus, Buffalo, Honey BBQ or Old Bay.
Served with Ranch, Bleu Cheese or Honey Mustard.

Soft Braided Pretzel

Warm Soft Pretzel, lightly salted.
Served with Nacho Cheese Dip.

Mulligan Mozzarella Sticks

8 Fried, Beer Battered, Cheesy Goodness.
Served with Marinara Sauce.

Hole In One

HEALTHY CHOICE

All Healthy Choices are Served with a Side Salad.
Substitute Cole Slaw or Chips at no charge.

Salad Plate

Bed of Fresh Romaine Lettuce with Tomato, Cucumber and Onion with Chicken Salad

Chicken Salad Sandwich

Topped with Lettuce and Tomato.
Your Choice of Bread.

Grilled Chicken Wrap

Grilled Chicken Breast pieces in a Whole Wheat Wrap with Lettuce and Tomato.
Add sauce or on the side: Buffalo, Chipotle Citrus BBQ, Caesar or Ranch .25
Add Shredded Cheese .50 Add Bacon 1.50

Small Large
7.95 10.95

8.95

Market Price

9.50

8.25

3 6
7.95 9.75

7.25

7.50

The Castle Green

DRESSINGS

Apple Vinaigrette, Bleu Cheese, Caesar, Honey Mustard, Italian, Parmesan Garlic, Ranch, Thousand Island, *New* Chipotle Ranch

Southwest Salad

Half Full
7.50 10.95

Fried Chicken Breast, served on a Bed of Romaine with Cheddar Cheese, Carrots, Cucumbers, Tomatoes, Corn, Red Onions, Black Beans and Tortilla Strips, Served with Chipotle Ranch or your choice of dressing.

Rock Cobb Salad

Half Full
7.50 10.95

Oven Roasted Turkey, Bacon, Carrots, Boiled Eggs, served on a Bed of Romaine with Tomatoes, Onion and Topped with Cheddar.
Your Choice of Dressing.

Boulder Chef Salad

Half Full
7.50 10.95

Oven Roasted Turkey, Ham, Carrots, Tomatoes, Onions, Cucumbers, Cheddar Cheese and a Boiled Egg. Served on Freshly Cut Romaine Lettuce. Your Choice of Dressing.

Big Apple Grilled Chicken Salad

Half Full
7.50 10.95

Grilled Chicken Breast, served on Bed of Romaine with Tomato, Onion, Cucumbers. Topped with Apple Slices and Caramelized Bacon. Served with Apple Vinaigrette or your choice of dressing.

Tossed Salad

Half Full
5.50 7.50

Bed of Romaine Lettuce with Tomato, Cucumber and Onion.
Your choice of dressing.
Add Grilled Chicken: 1/2 Salad 2.50 / Full Salad 3.50
Bowl of Soup Du Jour 4.00

Caesar Salad

Half Full
5.75 7.75

Bed of Romaine Lettuce with Seasoned Croutons, Shaved Parmesan Cheese and Caesar Dressing.
Add Grilled Chicken: 1/2 Salad 2.50 / Full Salad 3.50
Bowl of Soup Du Jour 4.00

In The Bunker

ALL SANDWICHES SERVED WITH CHIPS

Make a Platter with Cole Slaw and Fries 2.50
Substitute Fries 1.00, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

Turkey Bacon Ranch Sandwich

9.75

Oven Roasted Turkey and Bacon. Topped with Cheddar Cheese, Onion, Lettuce, Tomato and Ranch Dressing. Your Choice of Bread.

Rocky Club

10.50

The Rock Harbor Grill's Club Sandwich with Chicken Salad, Sliced Ham, Bacon, Lettuce, Tomato, Provolone and American Cheese.
Your Choice of Bread.

Club House Club

10.50

Classic Sandwich with Oven Roasted Turkey, Ham, Bacon, Lettuce, Tomato, Provolone and American cheese. Your choice of bread.

B.L.T.

8.95

Crisp Bacon, Topped with Lettuce and Tomato. Your choice of bread.

Captains Choice

8.75

Deli Sliced Ham or Fresh Oven Roasted Turkey Breast. Topped with Lettuce and Tomato. Your choice of Bread and Cheese.
Add Bacon 1.50

Come back and see us on Saturday Nights
We have Dinner Specials and a Full Dinner Menu

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Rock Harbor Grill Lunch Menu

Best Ball Burgers

ALL SANDWICHES SERVED WITH CHIPS

Make a Platter with Cole Slaw and Fries 2.50
Substitute Fries 1.00, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

8 Ounce Wagyu Burger* 15.95

Made with the finest Ground Wagyu Beef. Served with Lettuce, Tomato, Onion and Sliced Dill Pickles.

Bacon Bleu Burger* 12.50

All Beef Patty, Topped with Crumbled Bleu Cheese, Bacon, Shredded Cheddar, Lettuce, Tomato, Onion and Sliced Dill Pickles.

Buffalo Bleu Burger* 12.50

All Beef Patty, Topped with Crumbled Bleu Cheese, Sautéed Onions, Lettuce, Tomato, Sliced Dill Pickles and Buffalo Sauce.

Bogey Burger or Double Bogey Burger* | | | |--------|--------| | Single | Double | | 12.50 | 18.00 |

All Beef Patty, Topped with American Cheese, Ham, 2 slices of Bacon, Lettuce, Tomato, Onion and Sliced Dill Pickles.

Rock BBQ Burger* 12.50

All Beef Patty, Topped with Cheddar Cheese, 2 Slices of Bacon, BBQ Sauce, an Onion Ring, Lettuce, Tomato and Sliced Dill Pickles.

Boulder Mac* 11.75

All Beef Patty, Topped with American Cheese, Lettuce, Onion, Sliced Dill Pickles and Mac Sauce.

Build Your Own Burger* 10.75

All Beef Patty, Topped with Lettuce, Tomato, Onion and Sliced Dill Pickles.
Toppings .50 each: Cheese, Onions, Green Peppers, Jalapenos or Mushrooms.
Bacon 1.50 Fried Egg 1.25

The Sweet Spot

Vanilla Ice Cream 3.50

Chocolate Syrup \$.50

ASK YOUR SERVER FOR DAILY OPTIONS

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Indicates foods that may be ordered undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

On The Fairway

ALL SANDWICHES SERVED WITH CHIPS

Make a Platter with Cole Slaw and Fries 2.50
Substitute Fries 1.00, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

Fried Chicken Sandwich 9.75

Breaded Chicken Breast. Topped with Pepper Jack Cheese, Lettuce, Tomato and Dill Pickle Slices. Drizzled with Mild or Hot Buffalo Sauce. Served on a Bun.

Pastrami French Dip Sub 10.95

Sliced Pastrami, Topped with Provolone Cheese and Mushrooms.
Served with Au Jus.

Hot Pastrami and Corned Beef Sub 10.95

Sliced Pastrami and Corned Beef, Topped with Provolone Cheese, Deli Mustard and Mayonnaise.

Grilled Chicken Sandwich 9.75

Seasoned Chicken Breast. Topped with Cheddar Cheese, Lettuce, Tomato and Dill Pickle Slices. Served on a Bun.

Grilled Chicken Cordon Bleu Sandwich 10.00

Grilled Chicken topped with Ham and Swiss Cheese. Served on a Bun.

Cheese Steak Sub 10.50

Made from Shaved New York Strip Ends, Sautéed with Onions, Topped with Provolone Cheese, Lettuce and Tomato.
Served on an 8" sub Roll.
Add Mushrooms .50, Jalapenos .50, Green Peppers .25

Reuben 10.50

Grilled Corned Beef or Turkey. Topped with Sauerkraut, Melted Swiss Cheese and Thousand Island Dressing. Served on Grilled Rye Bread.

Pulled Pork Sandwich 9.50

Slow Smoked, in house. Lightly Seasoned with Our Signature BBQ. Served on a Bun.

Fish Filet 9.00

Breaded Fish Filet. Topped with Lettuce and Tomato. Served on a Bun with Side of Tartar Sauce.

Grilled Cheese 7.25

Your choice of Bread and Cheese.
Ham or Bacon add 1.50
With Bowl of Chili or Soup Du Jour 10.50

Side Bets

Boulder Tots | | | |-------|-------| | Small | Large | | 7.95 | 10.95 |

Fried Tater Tots, Smothered in Our House Chili with Nacho Cheese, Jalapenos, Lettuce, Tomato, Onion and Sour Cream.

Fries 3.00

Cheese Fries 3.50
Chili Cheese Fries 4.75
Bacon Cheese Fries 4.75

Onion Rings 3.50

Cole Slaw 1.25

Chili

Bowl 4.95 Large Bowl 5.95

Chili with Cheese or Onions

Bowl 5.45 Large Bowl 6.45

Hot Dog 3.15

Toppings .50 each