

Rock Harbor Grill

Lunch Menu

Practice Range

Splashy Fried Coconut Shrimp

8.95

Six Fried Coconut Shrimp.
Served with Peach Thai Sauce

Hawk Wings 6/12

Market Price

The LARGEST Chicken Wings in the Area!
Get them Naked or Tossed in Our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo, Garlic Parmesan, Honey BBQ.
Served with Ranch or Bleu Cheese and Celery.

Birdie Boneless Wings

9.50

1/2 Lb (Approx. 8-10) Breaded Boneless Wings. Get them Naked or Tossed in our Signature Sauces: Sweet Chili Thai, Chipotle Citrus BBQ, Mild Buffalo, Hot Buffalo or Old Bay Seasoning.
Served with Ranch or Blue Cheese and Celery.

Comeback Chicken Tenders 6/3

3 6
7.95 9.75

Lightly breaded tenders, fried to a golden brown. Get them naked or tossed in our new Signature Sauces: Sweet Chili Thai, Chipotle Citrus, Buffalo, Honey BBQ or Old Bay.
Served with Ranch, Bleu Cheese or Honey Mustard.

Mulligan Mozzarella Sticks

7.50

6 Fried, Beer Battered, Cheesy Goodness.
Served with Marinara Sauce.

Hole In One

HEALTHY CHOICE

All Healthy Choices are Served with a Side Salad.
Substitute Cole Slaw or Chips at no charge.

Chicken Salad Sandwich

8.50

Topped with Lettuce and Tomato.
Your Choice of Bread.

Grilled Chicken Wrap

9.25

Grilled Chicken Breast pieces in a Whole Wheat Wrap with Lettuce and Tomato.
Add sauce or on the side: Buffalo, Chipotle Citrus BBQ, Caesar or Ranch .25
Add Shredded Cheese .50 Add Bacon 1.50

The Castle Green

DRESSINGS

Apple Vinaigrette, Bleu Cheese, Caesar, Honey Mustard, Italian, Parmesan Garlic, Ranch, Thousand Island, "New" Chipotle Ranch

Southwest Salad

Half Full
7.50 10.95

Fried Chicken Breast, served on a Bed of Romaine with Cheddar Cheese, Carrots, Cucumbers, Tomatoes, Corn, Red Onions, Black Beans and Tortilla Strips, Served with Chipotle Ranch or your choice of dressing.

Rock Cobb Salad

Half Full
7.50 10.95

Oven Roasted Turkey, Bacon, Carrots, Boiled Eggs, served on a Bed of Romaine with Tomatoes, Onion and Topped with Cheddar.
Your Choice of Dressing.

Big Apple Grilled Chicken Salad

Half Full
7.50 10.95

Grilled Chicken Breast, served on Bed of Romaine with Tomato, Onion, Cucumbers. Topped with Apple Slices and Caramelized Bacon. Served with Apple Vinaigrette or your choice of dressing.

Tossed Salad

Half Full
5.50 7.50

Bed of Romaine Lettuce with Tomato, Cucumber and Onion.
Your choice of dressing.
Add Grilled Chicken: 1/2 Salad 2.50 / Full Salad 3.50
Add Chicken Salad: 1/2 Salad 2.00 / Full Salad 4.00
Bowl of Soup Du Jour 4.00

Caesar Salad

Half Full
5.75 7.75

Bed of Romaine Lettuce with Seasoned Croutons, Shaved Parmesan Cheese and Caesar Dressing.
Add Grilled Chicken: 1/2 Salad 2.50 / Full Salad 3.50
Add Chicken Salad: 1/2 Salad 2.00 / Full Salad 4.00
Bowl of Soup Du Jour 4.00

In The Bunker

ALL SANDWICHES SERVED WITH CHIPS

Substitute Fries 1.50, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

Rocky Club

10.50

The Rock Harbor Grill's Club Sandwich with Chicken Salad, Sliced Ham, Bacon, Lettuce, Tomato, Provolone and American Cheese.
Your Choice of Bread.

Club House Club

10.50

Classic Sandwich with Oven Roasted Turkey, Ham, Bacon, Lettuce, Tomato, Provolone and American cheese.
Your Choice of Bread.

B.L.T.

8.95

Crisp Bacon, Topped with Lettuce and Tomato.
Your Choice of Bread.

Captains Choice

8.75

Deli Sliced Ham or Fresh Oven Roasted Turkey Breast. Topped with Lettuce and Tomato.
Your Choice of Bread.
Add Bacon 1.50

Come back and see us on Saturday Nights
We have Dinner Specials and a Full Dinner Menu

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Rock Harbor Grill Lunch Menu

Best Ball Burgers

ALL SANDWICHES SERVED WITH CHIPS

Substitute Fries 1.50, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

8 Ounce Wagyu Burger* 15.95

Made with the finest Ground Wagyu Beef. Served with Lettuce, Tomato, Onion and Sliced Dill Pickles.

Bacon Bleu Burger* 12.50

All Beef Patty, Topped with Crumbled Bleu Cheese, Bacon, Shredded Cheddar, Lettuce, Tomato, Onion and Sliced Dill Pickles.

Buffalo Bleu Burger* 12.50

All Beef Patty, Topped with Crumbled Bleu Cheese, Sautéed Onions, Lettuce, Tomato, Sliced Dill Pickles and Buffalo Sauce.

Bogey Burger or Double Bogey Burger* | | | |--------|--------| | Single | Double | | 12.50 | 18.00 |

All Beef Patty, Topped with American Cheese, Ham, 2 slices of Bacon, Lettuce, Tomato, Onion and Sliced Dill Pickles.

Rock BBQ Burger* 12.50

All Beef Patty, Topped with Cheddar Cheese, 2 Slices of Bacon, BBQ Sauce, an Onion Ring, Lettuce, Tomato and Sliced Dill Pickles.

Boulder Mac* 11.75

All Beef Patty, Topped with American Cheese, Lettuce, Onion, Sliced Dill Pickles and Mac Sauce.

Build Your Own Burger* 10.75

All Beef Patty, Topped with Lettuce, Tomato, Onion and Sliced Dill Pickles.
Toppings .50 each: Cheese, Onions, Green Peppers, Jalapenos or Mushrooms.
Bacon 1.50 Fried Egg 1.25

The Sweet Spot

Vanilla Ice Cream 3.50

Chocolate Syrup \$.50

ASK YOUR SERVER FOR DAILY OPTIONS

* Indicates foods that may be ordered undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

On The Fairway

ALL SANDWICHES SERVED WITH CHIPS

Substitute Fries 1.50, Onion Rings or Side Salad 2.00.
Add Bacon 1.50

Fried Chicken Sandwich 9.75

Breaded Chicken Breast. Topped with Pepper Jack Cheese, Lettuce, Tomato and Dill Pickle Slices. Drizzled with Mild or Hot Buffalo Sauce.
Served on a Bun.

Hot Pastrami Sub 11.95

Sliced Pastrami, Topped with Provolone Cheese, Deli Mustard and Mayonnaise.
Served on a 8" Sub Roll.

Grilled Chicken Sandwich 9.75

Marinated Grilled Chicken Breast. Topped with Lettuce, Tomato and Onion.
Your choice of Cheese.
Served on a Kaiser Roll.

Grilled Chicken Cordon Bleu Sandwich 10.50

Grilled Chicken topped with Ham and Swiss Cheese.
Served on a Bun.

Cheese Steak Sub 10.95

Made from Shaved New York Strip Ends, Sautéed with Onions.
Topped with Provolone Cheese, Lettuce and Tomato.
Served on an 8" sub Roll.
Add Mushrooms .50, Jalapenos .50, Green Peppers .25

Reuben 10.50

Grilled Corned Beef or Turkey. Topped with Sauerkraut, Melted Swiss Cheese and Thousand Island Dressing.
Served on Grilled Rye Bread.

Pulled Pork Sandwich 9.50

Slow Smoked, in house. Lightly Seasoned with Our Signature BBQ.
Served on a Bun.

Grilled Cheese 7.25

Your choice of Bread and Cheese.
Ham or Bacon add 1.50
With Bowl of Chili or Soup Du Jour. 10.50

Side Bets

Fries 3.00

Cheese Fries 3.50
Chili Cheese Fries 4.75
Bacon Cheese Fries 4.75

Onion Rings 3.50

Cole Slaw 1.25

Chili Bowl 4.95 Large Bowl 5.95

Chili with Cheese or Onions

Bowl 5.45 Large Bowl 6.45

Hot Dog 3.15

Toppings .50 each